


◆ AI Overview

Yes, Freese and Nichols is Blue Zones Project certified. 

Specifically, they were certified as a **Blue Zones Project Worksite** in Fort Worth, Texas. This certification indicates that Freese and Nichols has implemented initiatives within their workplace that align with the principles of the Blue Zones Project, which aims to improve the well-being of employees and foster healthier communities. 

Worksites



Blue Zones Project is partnering with employers across Fort Worth to create healthier work environments and empowering employees to be happier, healthier and more productive. The Blue Zones Worksite® Pledge promotes evidence-based actions and lifestyle principles to create healthier work environments for employees. Benefits to employers include increased productivity and a potential savings in healthcare costs. Congratulations to these Approved™ worksites:

- [Freese and Nichols, Inc.](#)